

# Effective Discipleship Process

The process of discipleship can be divided into five stages: preparation, prayer, planning the content of the discipleship , reviewing, remembrance and meditation.

## 1. Preparation

- Review your last discipleship record , or intercession needs.
- Prepare relevant materials or tools, e.g. spiritual practice, prayer... or related books.
- Your own heart (leave space, place to listen and care about the needs of others.)

## 2. Prayer

- Pray that God will do wonderful things that exceed what anyone can imagine.
- Ask God to open hearts to speak to Him personally.
- Ask the Lord for light, wisdom, and words of knowledge to build each other up.
- Ask God to be present .

## 3. Planning Discipleship Content

Set the priority: caring greetings, follow-ups on goals set last time, reviewing current growth, praying for each other, giving simple assignments. Do not just focus on completing the plan; people are more important than program.

The following arrangement can be taken as a reference:

- Spiritual journey map
- Areas for growth, e g. bad habits, smoking, etc.
- Things to admire/affirm.
- Progress and things done well, things to be thankful.
- Potential gifts.
- Concerns about personal life: study/family/relationship/love and friendship....etc.
- Basic training provided by the church.
- Life vision , goals, growth path.
- Relationship with God, spirituality, prayer.
- Appropriate training (group training), etc.

## 4. Reviewing

- Review whether the discipleship achieves its goals.

- Review skills you can improve.

Am I lacking in listening and patience?

Is my response appropriate?

- Do I show empathy?
- Do I affirm and encourage each other and appreciate each other?
- Am I brave enough to challenge the other person's life growth or certain problems?  
Do I escape from problems and confrontations?

Do my personalities need to be adjusted so that I can get along with each other?

Do I know enough about the other person?

Do I have new discoveries about myself and the other person? New knowledge?

Where can I grow?

What can be learned from other people's life?

Record the content of discipleship for future reference and follow-up.

- Do I rely on God for my ministry? Man is incapable, but God is capable of all things.

## **5. Remembering/Meditating ( 1 Thessalonians 1:2-3)**

- Entrust the other person to God, and support his life with prayer.
- In constant thinking and meditation, let God inspire and lead you to understand more about the other party, as well as the problems behind him and the needs of the spiritual strongholds, and record these.
- Build a deeper spiritual relationship with each other in prayer .

"Everything you do, do it in love" (1 Corinthians 16:14). Disciple not only out of responsibilities, but also to disciple with love , to pray with love, to listen with love, to explain with love, to care with love, to challenge with love, and to follow up with love. Love is never ending.